



A CHARTERED STATE BRANCH OF NCTAC AND A DIVISION OF THE
CONNECTICUT COUNSELING ASSOCIATION

Connecticut Career Counseling & Development Association (CCCD)
Fall 2020 Newsletter

GOVERNING COUNCIL OF THE CONNECTICUT COUNSELING ASSOCIATION (CCA)

During the Governing Council meeting which took place on Friday, October 2, 2020, the CCA Executive Board communicated that it will not be moving forward with the task force and eliminating the three Divisions of the CCA at this time. Instead, the CCA will be refocusing its efforts towards looking for ways to make the organization more efficient and useful for counselors.

UPCOMING EVENTS

OCTOBER

**Career Counseling for Individuals on the Autism
Spectrum**

Wednesday, October 28, 2020
12 noon-1:30 PM

Laura DiGalbo, M.Ed., CRC, LPC
Speaker, Consultant Educator

Click on the pumpkin to register and for further information:



Hurry! The last day to register is Sunday, October 25, 2020!

NOVEMBER

Mindfulness: A Path to Authentic Connection

Wednesday, November 18, 2020
12 noon-1:30 PM

Celia Landman, M.A., O.I.
Mindfulness Educator

Click on the pumpkin to register and for further information:



The last day to register is Sunday, November 15, 2020!

JOIN US FOR A ZOOM LUNCHTIME CONVERSATION



After the success of our debut Zoom lunch conversation, "How Do You Help a Client Who's Not Making Any Progress Get Unstuck", the CCCDA Board would love to host more. This is an opportunity for the membership to get together to discuss various topics related to career counseling and providing career services to individuals and/or groups. One member would facilitate and get the discussion going, then everyone will have the opportunity to share their thoughts, ideas, questions, and strategies on the topic while supporting one another.

**What topics would you like to discuss for future
conversations?**

Please email Eleta Jones at eletajones@aol.com with your suggestions, and anticipate future invitations!

NOVEMBER IS CAREER DEVELOPMENT MONTH

National Career Development Week: November 16-20, 2020

National Career Development Day: November 18, 2020

[Glassdoor.com](https://www.glassdoor.com) offers some great suggestions for celebrating this month through their [article](#) that includes getting in touch with 2-3 former colleagues, participating in new training or learning, and attending professional development events such as our workshops and our Zoom conversations detailed on the previous page.

Let us know how you will be celebrating by using #CareerDevelopment on your social media, and by sharing your pictures and comments in our upcoming [Facebook](#) post.

COMING IN FEBRUARY 2021...

Help Clients Identify and Market Their Brand Using Social Media

More information coming soon, and let us know what topics you would like to see addressed in the new year!



CCFDA Board for 2020-2021

President:	Eleta Jones
President-Elect:	Camille Dumont
Past-President:	Linda Kobylarz
Secretary:	Jorimel Zaldivar
Treasurer:	Nina Malinak
Trustee:	Jeff Crothers
Trustee:	Jasmine Kishimoto

If you have questions or comments related to the CCCDA, contact Eleta Jones either by email (eletajones@aol.com) or by phone (860-874-1367).

Visit CCCDA's [Facebook](#) page for additional news, resources, and to engage with fellow CCCDA members!

We welcome and encourage your participation in the CCCDA!



Featured CCFDA Board Member



Hello Everyone! My name is **Jorimel Zaldivar**, CCCDA secretary, guest editor of the fall newsletter, and an administrator of our [Facebook](#) page. I earned both my undergraduate and graduate degrees from NYU, and I hold LPC and NCC credentials. I currently work as a career counselor at Fordham University where I am privileged to listen to the inspirational stories, and witness the amazing professional growth of our students and alumni through my work every day. On occasion, my usually hidden knowledge of comic books and anime can become a surprising bridge in establishing rapport with students. The knowledge provides a shared lexicon of analogies, vocabulary, and themes in helping students articulate their career narratives. Although my role at Fordham primarily centers around career counseling, sometimes I have the opportunity to serve the community and offer holistic support in other ways. For example, I co-facilitate a Deeper Dialogue series with our school's Office of Multicultural Affairs. I wish to extend the same support to the CCCDA membership!